

Passionate Love



THIS CRAZY LITTLE THING CALLED LOVE...

- Why can't I leave him?
- Why do I pick the same (wrong) one over and over?
- She's gone; so why can't I get over her?
- Why do I always get bored in good relationships?
- If I find the "Right One," shouldn't I be able to keep those excited feelings forever?

A WORKSHOP ON LOVE
& FRUSTRATION

with Nancy D. Young, Ph.D.

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www.Pathways2Wellness.com



Dr. Nancy Young is a Clinical Psychologist with nearly 30 years of experience working with individuals and couples concerned about their relationships. Her doctoral research was on the differences between intense/compelling and secure/comfortable romantic love and she taught courses on relationships, love, and sexuality at Chapman University for over 20 years. She draws from the work of many relationship theorists and she is teacher/trainer of Voice Dialogue and a Certified Gottman Couples Therapist, ASL Workshop Leader, & Level I Trainer.

Learn:

- That it only takes us 1/5 second to fall in love
- How our love choices are never a coincidence
- Why some people just make you feel "crazy"
- That there actually IS a physiological "heartbreak"
- How to get over a broken love affair
- How to make better love choices
- Why passion only lasts 6-18 months
- Why loss of passion doesn't necessarily mean you've picked the "wrong person"
- How to keep passion (and sex) alive in a longer term relationship
- And much much more...

Space is limited so register early!

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