

# Pathways to Wellness

*A Southern California Relationship Center*

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Today's Date: \_\_\_\_\_

## Developmental Questionnaire for Children

Minor Client's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Sex: Male \_\_\_\_\_ Female \_\_\_\_\_ Grade Level: \_\_\_\_\_

School: \_\_\_\_\_ Teacher: \_\_\_\_\_

Emergency Contact:

Name	Relationship	Phone Number
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Parent's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Home: (\_\_\_\_) \_\_\_\_\_ Work: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_

Do you have/use Text Messaging: \_\_yes \_\_no \_\_what?

Email address: \_\_\_\_\_

SS#: \_\_\_\_\_ (only needed for the parent responsible for payment)

Parent's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Home: (\_\_\_\_) \_\_\_\_\_ Work: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_

Do you have/use Text Messaging: \_\_yes \_\_no \_\_what?

Email address: \_\_\_\_\_ SS#: \_\_\_\_\_

## OFFICE POLICIES:

**Fees:** Clients are expected to pay the standard fee of \$175.00 per 50-minute\* session at the end of each session unless other arrangements have been made. \*Sessions lasting longer than 60 minutes will be charged at the appropriate fraction of time at \$175.00 per hour. *It is important to note that if additional time is NOT covered by insurance, payment is the sole responsibility of the client.*

Communication outside of sessions, site visits, report writing and reading, consultation with other professionals, release of information, reading records, travel time, etc. will be charged at the same rate, unless indicated and agreed upon otherwise.

**Payment for Services:** Payment of fees MUST be made in full at the time services are rendered unless prior arrangements have been made. A minimum \$30.00 service charge will be made for any checks which are returned by the bank.

**Insurance Reimbursement:** We are OUT-OF-NETWORK for all insurance providers. We do accept Medicare with supplemental insurance. We do not accept HMO plans. Clients who carry insurance should remember that professional services are rendered, charged to, and paid for by the client and not the insurance company. Any billing we do for the client is as a courtesy and can only be done through PPO/POS plans with OUT-OF-NETWORK coverage. A “superbill” receipt can be provided to you, which can be sent to your insurance company for reimbursement.

**Cancellation:** Since the scheduling of an appointment involves the reservation of time specifically for you, a minimum of 48-hour notice is required for rescheduling or cancellation of appointments. The full fee will be charged for missed sessions without such notification. Clients who miss appointments and fail to inform the office 48 hours prior, are required to pay for missed sessions and for future sessions in advance in order to secure desired appointments.

**Confidentiality:** All information disclosed within sessions is confidential and may not be revealed to anyone without written permission, except where disclosure is required by law. Disclosure may be required in the following circumstances: where there is a reasonable suspicion of child or elder abuse; where there is a reasonable suspicion that the client presents a danger of violence to others or where the client is likely to harm her/himself unless protective measures are taken. Disclosures may also be required pursuant to a legal proceeding. Psychology, Associate Clinical Social Worker, and Associate Marriage and Family Therapy interns are supervised by Nancy D. Young, Ph.D. a licensed clinical psychologist, who will have access to your confidential records and information for the purposes of supervision and quality assurance.

**Emergency procedure:** If an emergency arises and you need immediate assistance PLEASE CALL 911.

If you need to contact your clinician between sessions, please leave a message on her/his confidential Voice Mail or via email.

**I HAVE READ AND UNDERSTAND THESE OFFICE POLICIES. I AGREE TO THE ABOVE PROVISIONS. I AUTHORIZE TREATMENT AND AGREE THAT I (CLIENT) AM RESPONSIBLE FOR ANY AND ALL CHARGES.**

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

## FAMILY HISTORY

Biological History of the child (for example: lives with 2 biological parents; reproductive technology-in-vitro by donor; adoption; divorce of biological parents):

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If child is not with biological parents, please state the circumstances: \_\_\_\_\_

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Marital status of parents: \_\_\_\_\_

For parents who are divorced, please state custody arrangements. (You may be required to provide legal documentation of custody arrangements.) Who has legal custody?

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If adopted, does child know of adoption?    Yes    No

What age was your child at the time of adoption? \_\_\_\_\_

If reproductive technology was engaged, does child know of the history? \_\_\_\_\_

What is the current living situation? (Please include all members living in the household.)

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What significant events has your child's family experienced? (for example: moves, separations, divorces, blended family, deaths) Please elaborate and use dates.

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**Sibling's Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

**School:** \_\_\_\_\_ **Grade Level:** \_\_\_\_\_ **Teacher:** \_\_\_\_\_

**Child's living arrangement:** \_\_\_\_\_

**Sibling's Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

**School:** \_\_\_\_\_ **Grade Level:** \_\_\_\_\_ **Teacher:** \_\_\_\_\_

**Child's living arrangements:** \_\_\_\_\_

**Parent Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**What does the child call you?** \_\_\_\_\_

Please circle one:

biological parent    step parent    foster parent    guardian    adoptive parent

**Occupation:** \_\_\_\_\_ **Hours per week:** \_\_\_\_\_

**Significant medical problems:** \_\_\_\_\_  
\_\_\_\_\_

**Serious illnesses, accidents, or surgeries in the past?** \_\_\_\_\_  
\_\_\_\_\_

**Medications currently prescribed?** \_\_\_\_\_  
\_\_\_\_\_

**History of psychiatric treatment or counseling?** \_\_\_\_\_  
\_\_\_\_\_

**Current alcohol or drug use (how often, intoxication frequency)?** \_\_\_\_\_  
\_\_\_\_\_

**History of alcohol or drug abuse?** \_\_\_\_\_  
\_\_\_\_\_

Close relatives with drug/alcohol problems or mental illness? \_\_\_\_\_

\_\_\_\_\_

History of arrests? \_\_\_\_\_

\_\_\_\_\_

**Parent Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_

What does the child call you? \_\_\_\_\_

Please circle one:

biological parent    step parent    foster parent    guardian    adoptive parent

Occupation: \_\_\_\_\_ Hours per week: \_\_\_\_\_

Significant medical problems: \_\_\_\_\_

\_\_\_\_\_

Serious illnesses, accidents, or surgeries in the past? \_\_\_\_\_

\_\_\_\_\_

Medications currently prescribed? \_\_\_\_\_

\_\_\_\_\_

History of psychiatric treatment or counseling? \_\_\_\_\_

\_\_\_\_\_

Current alcohol or drug use (how often, intoxication frequency)? \_\_\_\_\_

\_\_\_\_\_

History of alcohol or drug abuse? \_\_\_\_\_

\_\_\_\_\_

Close relatives with drug/alcohol problems or mental illness? \_\_\_\_\_

\_\_\_\_\_

History of arrests? \_\_\_\_\_  
\_\_\_\_\_

**Other Step-Parent or Guardian Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_

What does the child call you? \_\_\_\_\_

Relation to the child? \_\_\_\_\_

Occupation: \_\_\_\_\_ Hours per week: \_\_\_\_\_

Significant medical problems: \_\_\_\_\_  
\_\_\_\_\_

Serious illnesses, accidents, or surgeries in the past? \_\_\_\_\_  
\_\_\_\_\_

Medications currently prescribed? \_\_\_\_\_  
\_\_\_\_\_

History of psychiatric treatment or counseling? \_\_\_\_\_  
\_\_\_\_\_

Current alcohol or drug use (how often, intoxication frequency)? \_\_\_\_\_  
\_\_\_\_\_

History of alcohol or drug abuse? \_\_\_\_\_  
\_\_\_\_\_

Close relatives with drug/alcohol problems or mental illness? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

History of arrests? \_\_\_\_\_  
\_\_\_\_\_

## MEDICAL HISTORY OF THE CHILD

Has child ever had any serious illnesses, ear infections, allergies, accidents, or operations?

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Please describe and specify child's age at the time (include any present illnesses):

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Pediatrician's name and address:

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Phone: Currently on medication? If yes, what?

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Has child been immunized? Up to date on immunizations?

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Has child ever had psychiatric or other treatment modalities? If yes, please give details and names of the psychiatrist, etc.

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## SCHOOL AND AGENCY INFORMATION

Did/does child attend preschool? Beginning of what age?

Were there any problems?

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Does child have behavior problems now in school?

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Does child have learning problems in school?

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If child has been kept back or put ahead in school, please explain: \_\_\_\_\_

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If child has been in special classes, please explain: \_\_\_\_\_

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Since what age? \_\_\_\_\_

If child has ever been excluded from school, explain when and why: \_\_\_\_\_

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Are there any other agencies involved with the family? (DCS, Child Welfare, Court Appointed Lawyer, etc.) \_\_\_\_\_

#### **HISTORY OF PROBLEM**

In your own words, please describe any present difficulties that child is having or that you may be having as parent(s): \_\_\_\_\_

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What methods were used to help with these problems?

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What are your child's strengths? Weaknesses? \_\_\_\_\_

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What are your strengths and weaknesses as parent(s)? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

In what way do you think I can help you? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Does your child currently have a diagnosis? \_\_\_\_\_

Who made the diagnosis? \_\_\_\_\_ Date \_\_\_\_\_

Has your child been formally tested by a school district or privately? (Date, assessment name, practitioner's name or school district)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## **CHILD'S DEVELOPMENTAL HISTORY**

### **A. Period during Pregnancy**

Was the child planned? \_\_\_\_\_

When was pregnancy discovered? \_\_\_\_\_

How did the biological mother feel about having child? \_\_\_\_\_

\_\_\_\_\_

Gender preference? \_\_\_\_\_

Did mother work during pregnancy? \_\_\_\_\_ How long? \_\_\_\_\_

Did mother have any medical or emotional problems during pregnancy (for example, diabetes, bedridden, unusual nervousness, depression)? \_\_\_\_\_

\_\_\_\_\_

Did mother receive prenatal care? Starting when /how often? \_\_\_\_\_

\_\_\_\_\_

How did the biological father feel about having child? \_\_\_\_\_

Gender preference? \_\_\_\_\_

Did father have any medical or emotional problems or stressors during the course of mother's pregnancy?

\_\_\_\_\_

\_\_\_\_\_

### **B. Details of Labor and Delivery**

Vaginal or C-section birth? \_\_\_\_\_ Where was child born? \_\_\_\_\_

Any complications in labor or delivery? \_\_\_\_\_

\_\_\_\_\_

Did mother experience any "blues" after child's birth?

Describe: \_\_\_\_\_

\_\_\_\_\_

### **C. Postnatal**

Weight of child at birth: \_\_\_\_\_ Was child full term (9 months)? \_\_\_\_\_

Any complications after child was born? (difficulty breathing, low Apgar score, jaundice)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Did mother have help at home after delivery? For how long? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

During child's first year, was there anything (even if it had nothing to do with child) that caused primary parent unhappiness or anxiety or that placed her under great strain? Other parent? \_\_\_\_\_

\_\_\_\_\_

How was caretaking for the infant handled in the home? \_\_\_\_\_

\_\_\_\_\_

What part did other parent take in child's care? (diapering, bathing, feeding, etc.) \_\_\_\_\_

\_\_\_\_\_

After child's birth, how soon did the primary parent return to work? \_\_\_\_\_

How many hours per week? \_\_\_\_\_

If mother was working, who had primary caretaking responsibility? \_\_\_\_\_

\_\_\_\_\_

Who currently cares for the child if parents are away? (Please include history of caregivers other than parents from birth to the present) \_\_\_\_\_

\_\_\_\_\_

Was child ever separated from both parents? \_\_\_\_\_ One parent? \_\_\_\_\_

Describe circumstances (reason, child's age at the time, and how long): \_\_\_\_\_

\_\_\_\_\_

#### **D. Feeding**

Breastfed? \_\_\_\_\_ When was child weaned? \_\_\_\_\_ Why did weaning occur at that time? \_\_\_\_\_

Bottle-fed? \_\_\_\_\_ When was child weaned? \_\_\_\_\_ Why did weaning occur at that time? \_\_\_\_\_

Were there any feeding problems? (colic, reflux, allergies) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Any thumb or pacifier sucking? For how long? \_\_\_\_\_

\_\_\_\_\_

### **E. Sleep Patterns**

What were the sleeping arrangements during the child's first 6 months? First year?

\_\_\_\_\_

\_\_\_\_\_

Were there any sleeping problems? If yes, please explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please describe circumstances and arrangements when child and parent[s] have slept in the same room or bed. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Present sleeping patterns and arrangements: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## F. Development of Motor & Sensory Regulating

Was child ever perceived as too active or too quiet? Please describe: \_\_\_\_\_

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At what age did child begin to sit? \_\_\_\_\_ Stand? \_\_\_\_\_ Walk? \_\_\_\_\_ Who took primary responsibility for toilet training? \_\_\_\_\_

At what age did bladder training begin? \_\_\_\_\_

When completed for day? \_\_\_\_\_ For nights? \_\_\_\_\_ Method used? \_\_\_\_\_

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At what age did bowel training begin? \_\_\_\_\_ Completed? \_\_\_\_\_ Method? \_\_\_\_\_

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Was toilet training ever a problem? \_\_\_\_\_

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Is this a problem at present? \_\_\_\_\_

Is child primarily right or left handed? \_\_\_\_\_

Did/does infant ever cry for extended periods? \_\_\_\_\_ If yes, how did/do you respond?

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## F. Speech Development

At what age did child first begin to babble and utter own words in short (2 or more word) sentences?

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If there have been any of the following speech difficulties, please check:

Does not talk \_\_\_\_\_ Lispings \_\_\_\_\_ Delayed speech \_\_\_\_\_

Repeating syllables \_\_\_\_\_ Mispronounced words \_\_\_\_\_ Stuttering \_\_\_\_\_

Other, please describe: \_\_\_\_\_

Has child ever had speech therapy? With whom? \_\_\_\_\_

## G. Sexual Development

Has child expressed curiosity about any sexual matters to a parent? \_\_\_\_\_

About what? \_\_\_\_\_

Has child been given information by a parent in any of the following areas? Please check.

Difference between boys/girls \_\_\_\_\_ How a woman becomes pregnant \_\_\_\_\_

How child develops and is born \_\_\_\_\_ Menstruation \_\_\_\_\_

Birth control \_\_\_\_\_ Intercourse \_\_\_\_\_

## H. Peer Interests

Does child have trouble making friends? Please describe: \_\_\_\_\_

Does child make friends mostly with children his or her own age? \_\_\_\_\_

Younger? \_\_\_\_\_ Older? \_\_\_\_\_

Describe any special interests or hobbies: \_\_\_\_\_

## I. Other

Has your child received a diagnosis before? If so, please indicate what provider gave the diagnosis and the date. \_\_\_\_\_

Has your child had any formal or informal assessments by previous therapists, doctors, school, etc? Please provide copies and details. \_\_\_\_\_

Has your child utilized a 504 Plan or IEP in school? If so, please provide a copy. \_\_\_\_\_

How is discipline usually handled with child? \_\_\_\_\_

Do you have any other questions, concerns, comments on questionnaire or additional information you would like me to know? \_\_\_\_\_

